**Les Rooster 2018/2019**

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| |  |  |  |  | | --- | --- | --- | --- | | **Maandag:** | **Zaal 1 (gymzaal)** | **Zaal 2 (grote zaal)** | **Zaal 3 (kleine zaal)** | | 09.30 -10.30 uur |  |  | Pilates | | 16.00 -16.30 uur |  |  |  | | 16.30 -17.00 uur |  | [Hip Hop   6-8 jaar](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_Streetdance.html) |  | | 17.00 -17.30 uur |  | [Hip Hop   6-8 jaar](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_Streetdance.html) | WG techniek kids | | 17.30 -18.00 uur |  | [Hip Hop   9-11 jaar](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_Streetdance.html) | WG techniek kids | | 18.00 -18.30 uur | WG team nieuw Britney | [Hip Hop   9-11 jaar](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_Streetdance.html) | WG team kids Zina | | 18.30 -19.00 uur | WG team nieuw Britney |  | WG team kids Zina | | 19.00 -19.30 uur |  |  |  | | 19.30 -20.00 uur | Zumba fitness | Stijldansen |  | | 20.00 -20.30 uur | Zumba fitness | Stijldansen |  | | 20.30 -21.00 uur |  | Stijldansen |  | | 21.00 -21.30 uur |  | Stijldansen |  | | **Dinsdag:** | **Dinsdag:** | **Dinsdag:** | **Dinsdag:** | | 16.00 -17.00 uur |  |  |  | | 17.00 -17.45 uur |  | [Streetdance 4-5 jaar](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_Streetdance.html) | WG Modern Ton | | 17.00 -18.00 uur |  |  | WG Modern Ton | | 18.00 -19.00 uur | [Breakdance](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_Breakdance.html) |  |  | | 19.00 -20.00 uur | [Bodyshape](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_BBBB.html) | [Hip Hop        12-16 jaar](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_Streetdance.html) |  | | 20.00 -21.00 uur | [Step](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_Stepaerobic.html) |  |  | | **Woensdag:** | **Woensdag:** | **Woensdag:** | **Woensdag:** | | 09.30 -10.30 uur | [Stepshape](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_totaal.html) |  |  | | 15.00 -15.45 uur |  |  |  | | 16.00 -17.00 uur |  | [Klassiek Ballet   5-7 jaar](file:///E:\Mijn%20documenten\Website%20Move%202008\images\Posters\ballet_musical.jpg) |  | | 17.00 -18.00 uur | [WG](file:///E:\Mijn%20documenten\Website%20Move%202008\images\Posters\ballet_musical.jpg) nieuw battle Britney | WG team kids Zina |  | | 18.00 -19.00 uur |  | WG battle/improvisatie Zina | [Moderne dans](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_totaal.html) 8 t/m14 jaar | | 19.00 -20.00 uur | [WG](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_BBBB.html) junioren Zina |  | Pilates | | 20.00 -21.00 uur | WG adults Zina | [Zumba fitness](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_totaal.html) |  | | **Donderdag:** | **Donderdag:** | **Donderdag:** | **Donderdag:** | | 16.00 -17.00 uur |  |  |  | | 17.00 -18.00 uur | [Breakdance](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_Breakdance.html) | [Hip Hop   6-8 jaar](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_Streetdance.html) | WG Modern Ton | | 18.00 -19.00 uur | WG team nieuw Britney | [Hip Hop   9-11 jaar](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_Streetdance.html) | WG Modern Ton | | 19.00 -20.00 uur |  | [Hip Hop   12-16 jaar](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_Streetdance.html) |  | | 20.00 -21.00 uur |  |  |  | | 21.00 -22.00 uur |  |  |  | | **Vrijdag:** | **Vrijdag:** | **Vrijdag:** | **Vrijdag:** | | 09.30 -10.30 uur | [Zumba Fitness](file:///E:\Mijn%20documenten\Website%20Move%202008\Cursussen_totaal.html) |  |  | | 16.00 -17.00 uur |  |  |  | | 17.00 -18.00 uur |  | WG junioren Zina |  | | 18.00 -19.00 uur |  | WG techniek adults/junioren |  | | 19.00 -20.00 uur |  | WG adults Zina | Moderne dans 14+ | | 20.00 -21.00 uur |  |  |  | | **Zaterdag:** | **Zaterdag:** | **Zaterdag:** | **Zaterdag:** | | 10.00 -11.00 uur |  | Zumba Fitness |  | | 11.00 -12.00 uur |  | Kracht/Lenigheid/Conditie |  | | 12.00 -13.00 uur |  | Kracht/Lenigheid/Conditie |  | |  |  |  |  | |  |  |  |  | |  |  |  |  | |  |  |  |  | |  |  |  |  | |